



Scoil Phádraig Naofa

Newsletter 2019



Dear Parents/Guardians,

Scoil Phádraig Naofa got off to a busy start as Nurse Essie visited Junior Infants to do Eye Sight Testing on the 7th, 8th and 9th January.

Nurse Essie will return on 14th and 15th February to give **the MMR Vaccine** (Measles, Mumps and Rubella) and **the 4 in one Vaccine** (Diphtheria, Tetanus and Whooping Cough and Polio) to Junior Infants.

The HSE will send out appointment times and dates directly to parents re same.



Catholic Schools Week

Catholic Schools Week took place from 27th January to 2nd February. Fr. Pat O'Mahony visited our school on Monday 28th January, and celebrated Mass in the Halla for pupils from Third Class to Sixth Class. All the pupils enjoyed the Mass and were complimented on their beautiful singing voices and their excellent listening skills. The Mass was a lovely, holy and peaceful start to the week which gave all pupils time and space to reflect and pray together.



Chess

Scoil Phá driag Naofa's Chess Team named "**Pawns of Justice**" under the tutelage of Toufik Messabih, took part in their first **Ficheall.ie Chess Tournament** in Carrigaline Educate Together Primary School in January.

Over 150 participants took part and the day was a huge success.

Our "**Pawns of Justice Team**" performed brilliantly and are looking forward to many more tournaments to come, watch this space.....!!



Grand Parents Day

Many grandparents visited our school and chatted with pupils. We heard many stories of what their school days were like, how they travelled to school, etc. We learned of chores they did at home and jobs which they worked as young adults, hobbies and interests.

For all in Scoil Phádraig Naofa it was a privilege to have the opportunity to acknowledge the enormous contribution grandparents make and it also gave us the opportunity to remember our grandparents who have passed, and who we remember fondly each day.

We sincerely thank those who took the time to visit and speak to our students and hope that all our grandparents from near and far had a lovely day!



We all know that an increasing number of children are presenting with anxiety disorders, the renowned and highly respected GP Dr. Harry Barry will be coming to UCC in Cork to deliver a fascinating and practical talk entitled **The Age Of Anxiety: Understanding Anxiety in Children & Adolescents**.

To book tickets;

www.bookwhen.com/livelifenow1

Dr Barry is a retired GP, consultant and author of numerous books on the subjects of anxiety, panic, stress & resilience. He is a regular contributor to national press and media and, for the past four years, has featured monthly on Today with Sean O' Rourke on RTE Radio 1. He is one of Ireland's most knowledgeable speakers on the subject of anxiety and panic attacks.

More information about Dr Barry can be found on his website: www.drharrybarry.com

More information on the talks can be found at www.rosariiryan.ie/dr-harry-barry

Dr Harry Barry's talk in UCC, will explain to parents and adolescents what it is about our minds and brains that generates the symptoms of anxiety. Building on this understanding of the neuroscience of anxiety he will explore how we can retrain our brain so as to eliminate or deal with panic attacks, phobias, social anxiety and general anxiety.

This talk is open to parents, educators, young adults with anxiety, mature teenagers and anyone with an interest in the subject of anxiety. This talk is not suitable for children under the age of 16 to attend.

Previous talks have sold out very quickly and tickets are limited so to avoid disappointment don't delay. To book tickets; www.bookwhen.com/livelifenow1 We will not advertise this event for a couple of days to give all our loyal patrons first opportunity.



Junior Entrepreneur 2019

Tracy Keogh Entrepreneur visited our Fifth Class pupils and spoke to them about her life as an Entrepreneur. She outlined the exciting opportunities that they will encounter as participants of the Junior Entrepreneur Programme and the benefits that they will gain from this.

Tracy is Bank of Ireland Innovation Community Manager - West Region for the last three and half years.

She is also Global Faciliator at Startup Weekend for the past few years. "Startup Weekend" events are 54-hour events designed to provide superior entrepreneurship education for people with diverse skills. Beginning with Friday night pitches and continuing through brainstorming, the event culminates in Sunday night presentations.

As facilitator, Tracy has flown to destinations across Europe getting a deep dive into their ecosystem over 54 hours while building relationships as she went. Previous locations included Oostende, Prague, Malta, Budapest, Brussels, Koblenz, and Luxembourg.

Tracy is also a daily sea swimmer all year round. She likes to hike, run, cycle and lift weights. She can play the fiddle after taking it up last year and is currently learning how to make all sorts of wonderful(ly useless) connected devices!

She has a fundamental belief in the power of true community. Tracy is just on the learning curve of understanding how towns and cities as physical representation of their communities can thrive.

Some more details on Tracy's involvement with Grow Remote here: <https://www.linkedin.com/pulse/grow-remote-chapters-tracy-keogh/>

We wish to thank Tracy for her words of wisdom and enlightenment to our budding entrepreneurs.



Excitement is building, Scoil Phádriag Noafa will be launching our New Website shortly!!

We ask that only parents who do not wish their child's photograph to be displayed on the School Website to please email the Oifig at info@rochestownns.ie by Friday 8th February 2019 with your Child's Name, Room Number and Teacher Name so that we can update our records accordingly.

Dates for your Diary

- Scoil Phádraig Naofa Sciath na Scol Indoor Hurling Panel will take part in a Competition on 4th February in Little Island Sports Complex at 12.30pm. More details will follow shortly.
- Safer Internet Day 5th February 2019.
- Chinese New Year 5th February 2019 – Year of the Pig.
- Sixth Class Ceremony of Light in St. Patrick's Church on 13th February at 7.00pm.
- Mid- Term Break 18th February – to Friday 22nd February inclusive. School will re-open on 25th February.